

REGISTRATION FORM

Boundaries Support Group for Singles
on 8, 15, 22, 29 (Feb), 7, 14 (March) 2012 (Wed night)
(Applicable only for participants who had attended
the 9-week Boundaries Workshop)

Name: Dr/Rev/Mr/Ms _____
(please write clearly)

Address: _____

Tel: (Hp) _____ (O) _____
(R) _____

Email: _____
(please write clearly)

Church / Organisation: _____

Cheque No/Cash: _____

For further information please contact
Sandra at 9061 2101 or
email: fountaingateministries@gmail.com
www.fountaingateministries.net

1. Early bird application:
Before January 25, 2012 - S\$150
After January 25, 2012 - S\$170
2. Registration is on first-come-first-served basis.
3. Registration is confirmed upon receipt of full payment.
4. Fees are non-refundable.
5. Kindly crossed cheque to :
FOUNTAIN GATE MINISTRIES LTD
6. Send the completed form & cheque to:
Fountain Gate Ministries Ltd
Tampines Central Post Office
P O Box 103, Singapore 915204

For Office Use Only (please leave this section blank)

Receipt No : _____

Bank & Cheque No./Cash : _____

After attending the 9-week boundaries workshop sessions, are you still at a loss as to how to establish boundaries with others and yourself?

Is your life in order or is it still messy?

Are you facing challenges in your effort to establish healthy boundaries with those you love, those you work with and with yourself?

These 6-week interactive support group session for singles will provide a safe environment for discussion of the challenges faced in developing healthy boundaries with our families, friends, colleagues, and ourselves.

Come and be empowered with fellow sojourners to support and encourage in our journey together to establish healthy boundaries in order to achieve the relationships and purposes that God intended.

Topics Covered:

- Boundaries and family (2 sessions)
- Boundaries and friends (1 session)
- Boundaries and work (1 session, including church)
- Boundaries and self (2 sessions)

The objectives of this course are:

- To encourage, clarify and help to establish and secure healthy boundaries especially for those who face resistance in boundaries and are having difficulties and challenges in relationships, family dynamics etc.
- To foster support and emotional strength to learn to say 'NO' without feeling guilty.
- To empower individuals to learn to grow out of co-dependency and emotional dependency relationships.
- To establish growth and release individuals to emerge into their own personhood.

Schedule:

Date : February 8, 15, 22, 29 &
March 7, 14, 2012

Venue : Fountain Gate Ministries Ltd
No. 8, Burn Road, Trivex #05-15

Time : 7.30pm – 9.30pm

Fees : Early bird application:
Before 25 Jan 2012 - S\$150
After 25 Jan 2012 - S\$170

(Limited to 10 participants only)

Essential Information:

1. Registration closes on February 1, 2012.
2. Registration is on a first-come, first-served basis.
3. Registration is confirmed upon receipt of full payment.
4. Fees are non-refundable and non-transferable.
5. All participants must have attended the 9-week Boundaries Workshop.
6. All participants must review the notes and bring along their boundaries workshop materials for each session.
7. Support group is limited to 10 places only.
8. There will be no make-up session.

For further information please contact
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email: fountaingateministries@gmail.com
www.fountaingateministries.net

How to get there - MRT & Buses



Fountain Gate Ministries Ltd
No. 8, Burn Road,
Trivex #05-15,
Singapore 369977

After Tai Seng MRT (CC11) :
Buses: 22, 24, 28, 43, 58, 62, 70, 70M,
76, 80, 93, 158
Opp Tai Seng MRT:
Buses: 22, 24, 28, 43, 58, 62, 62A, 70,
70A, 70M, 76, 76A, 80, 80A, 93, 158